

DRSALNI KLUB LABOD BLED  
Ljubljanska 5  
4260 BLED  
SLOVENIA  
e-mail: [labodbled@gmail.com](mailto:labodbled@gmail.com)



SLOVENE SKATING UNION

Celovška 25  
1000 LJUBLJANA  
SLOVENIA

Tel: +386 51 608 210

e-mail: [drsalna.zveza@siol.net](mailto:drsalna.zveza@siol.net)



## Announcement

FIGURE SKATING COMPETITION FOR CHICKS, CUBS and RECREATIONAL (bellow 18yrs)

### ZAKI'S FLIP

## Bled, Slovenia



Competition date:

**October 16-17, 2021**

Organized by:

**Skating club Labod Bled (Slovenia)**

Venue of competition:

Športna dvorana Bled (Ice Rink Bled)

Ljubljanska cesta 5, Bled, Slovenia

<http://www.ledena-dvorana.si/Predstavitev/Opis-dvorane>

***On behalf of Skating Club Labod Bled and Slovene Skating Union,  
we are inviting you to the Interclub Figure skating competition,  
held at one of the most beautiful places in the world.***

#### ZAKI'S FLIP

Chicks (boys, girls)

Cubs (boys, girls)

Recreational skaters bellow 18 yrs (boys, girls)

**NEW: Novice** (boys, girls): Basic II, II, I, Intermediate and Advanced, **Junior** (ladies, men), **Senior** (ladies, men)

#### Entries:

Entries should contain: name and surname of competitor, club, nation, date of birth and category. Only complete entries will be accepted.

**Deadline for entries: Complete list of entries** should arrive to the Organizer's e-mail address no later than **October 7, 2021.**

**Charges:** 35 EUR for skaters with 1 program and 50 EUR for skaters with 2 programs

Please transfer the entry fee to the organiser before the competition:

DRSALNI KLUB LABOD BLEĐ, Ljubljanska 5, 4260 Bled, Slovenia

Bank account:

IBAN SI56 0313 9100 0428 350

SWIFT: SKBAS12X

Bank: SKB d.d.

Bank Address: Ajdovščina 4, 1000 Ljubljana, SI

**Cancelations:** Cancellation of the competitor entry, if any, has to be done till October 14, 2021. After October 14, free cancellation is only accepted with a medical/quarantine excuse.

**Responsibilities:** In accordance with the ISU Regulations, Rule 119, all participants act on their own responsibility.

**Music:** In order to avoid close contacts, **please send music in advance to the email [zakisflip@gmail.com](mailto:zakisflip@gmail.com)** before the competition.

**Judging System:** The ISU Judging System will be used.

**GDPR:** By entering the competition, all participants automatically accept that personal data are collected by Organizing Committee (OC) and such data are stored and used by OC, when necessary, third parties, for the purpose only of, and to the extent necessary in relation to facilitate their participation in the competition. Personal data may include but will not be limited, to full legal name as per national identity documents, address, date of birth, nationality, sex.

The participants by entering the competition automatically allow publishing of their names on entry lists, starting orders and results table.

**COVID-19:** Only persons with green EU COVID-19 pass are allowed to enter the Ice Hall. Exceptions: children below 15 years, for children 15-18 years results of self-testing are also valid. Parents with green EU Covid pass can watch the competition from the tribune. Ground floor (ice, warm-up area and wardrobes) are reserved for competitors, coaches and officials only. Exceptionally, parents can help in the wardrobes of the youngest children (Group E and Chicks III).

**Expenses:** The Organizer will not be able to cover any expense for competitors, team leaders and coaches, the organizer will cover hotel accommodation for foreign officials.

**Transportation:** The organising skating club is able to provide airport transfers. Please contact us for details.

**Accommodation:** Accommodation with special rates can be booked through the organizer. Please contact us for details.

**Additional information:** Tadeja Omovšek, +386 31 501 909, [zakisflip@gmail.com](mailto:zakisflip@gmail.com) [www.labod-bled.si](http://www.labod-bled.si)

**CHICKS Boys and Girls: Free Skating: 2 min, +/- 10 sec**

CHICKS I, born 1.7.2013 – 30.6.2014 and CHICKS II, born 1.7.2014-30.6.2015 and CHICKS III, born 1.7.2015 and younger.

A well balanced CHICKS Free Skating Program must contain:

- a) Maximum of 4 jump elements for Girls and Boys, one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Triple jumps are not permitted. Any single or double jump (including Double Axel) cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.
- c) There must be a maximum:
- for Girls one (1) Choreographic sequence which includes at least one 3 seconds long spiral position executed on outside or inside edge. The sequence will have a fixed Base value and evaluated in GOE only.
  - for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.
- Level explanation: For Cubs in all elements which, are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

- Skating Skills
- Performance

The factor of the Program Components is 2.5

Fall: -0,5

**CUBS Boys and Girls: Free Skating: 2 min, +/- 10 sec.**

CUBS I, born 1.7.2011 – 30.6.2012 and CUBS II, born 1.7.2012 – 30.6.2013.

A well balanced CUBS Free Skating Program must contain:

- a) Maximum of 4 jump elements for Girls and Boys, one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Triple jumps are not permitted. Any single or double jump (including Double Axel) cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.
- c) There must be a maximum:
- for Girls one (1) Choreographic sequence which includes at least one 3 seconds long spiral position executed on outside or inside edge. The sequence will have a fixed Base value and evaluated in GOE only.
  - for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.
- Level explanation: For Cubs in all elements which, are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

- Skating Skills
- Performance

The factor of the Program Components is 2.5

Fall: -0,5

**GROUP E U8: Boys and Girls.** children up to 8 years, born after 1.7.2013

Free Skating: max 2 min, 10 sec

**GROUP E: Boys and Girls: Free Skating.** Children, born after July 1, 2013 and have not competed on National or International Competition before July 1, 2020.

A well balanced GROUP E U8 Free Skating Program should contain:

- a) Maximum of one (1) jump element for Girls and Boys. It can be A or any single jump.
- b) There must be a maximum of one (1) spin on one (1) or two (2) feet with minimum 2 revolutions
- c) The program must include:
  - Choreographic sequence 1: sequence of cross rolls in pattern 8
  - Choreographic sequence 2: skating on one (1) foot in sit position with free leg in front («canon») OR skating on one (1) foot with free leg lifted («stork») OR Spiral position for at least two (2) seconds.
  - Choreographic sequence 3: sequence of waltz steps in circle pattern

The Program Components are only judged in:

- Skating Skills
- Performance

The factor of the Program Components is 2.5

Fall: -0,5

**RECREATIONAL U12: Boys and Girls.** children up to 12 years, born after 1.7.2009

Free Skating: max 2 min, 10 sec

**These children have never competed on National or International Competition.**

A well balanced RECREATIONAL U12 Free Skating Program must contain:

- a) Maximum of 4 jump elements for Girls and Boys. Only single jumps are allowed, including Single Axel. Double and Tripple jumps are not allowed. There may be up to two (2) jump combinations or sequences. Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Any jump can be executed only twice in total.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.
- c) There must be a maximum:
  - for Girls one (1) Choreographic sequence which includes at least one 3 seconds long spiral position executed on outside or inside edge. The sequence will have a fixed Base value and evaluated in GOE only.
  - for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

Level explanation: For Recreational U12 in all elements which, are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

- Skating Skills
- Performance

The factor of the Program Components is 2.5

Fall: -0,5

**RECREATIONAL U15: Boys and Girls**, children up to 15 years, born after 1.7. 2006

**RECREATIONAL U18: Boys and Girls**, children up to 18 years, born 1.7.2003 to 30.6.2006

Free Skating: max 2 min, 10 sec

**These children have never competed on National or International Competition.**

**A well balanced RECREATIONAL U15 and U18 Free Skating Program must contain:**

- a) Maximum of 5 jump elements for Girls and Boys. Only single jumps are allowed, including Single Axel. Double and Tripple jumps are not allowed. There may be up to three (3) jump combinations or sequences. One jump combination can contain three (3) jumps, two combinations can contain two (2) jumps. Jump combination can contain the same or different jumps. A jump sequence can contain any number of single jumps, but only two most difficult jumps will be counted. Any jump (including Axel) can be executed only twice in the program.
- b) There must be a maximum of three (3) spins of a different nature (abbreviation), one of which must be a spin combination. The spins must have at least:
- three (3) revolutions in flying sit spin without change of foot
  - three (3) revolutions in spin with no change of position without change of foot
  - four (4) revolutions in spin combination without change of foot and eight (8) revolutions with change on foot (4+4) or spin with no change of position with change on foot. Each position must have at least 2 rotations.
- c) There must be a maximum:
- one (1) Choreographic sequence that covers at least half of the skating surface and can contain different moves like step sequence, turns, spirals, twizzles, etc... which includes at least one 3 seconds long spiral position. The sequence will have a fixed Base value and evaluated in GOE only.

The Program Components are judged in:

- Skating Skills
- Transitions
- Performance
- Choreography
- Interpretation

The factor of the Program Components is 1.6

Fall: -0,5

**BASIC NOVICE Boys and Girls: Free Skating: 2:30 min +/- 10 sec**

BASIC NOVICE I, born 1.7.2008 – 30.6.2009, BASIC NOVICE II, born 1.7.2009 – 30.6.2010, BASIC NOVICE III, born 1.7.2010 – 30.6.2011.

A well balanced Free Skating Program for Basic Novice must contain:

- a) Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence 3 consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. No triple and quadruple jumps are allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed.
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

The Program Components are judged in:

- Skating Skills
- Performance

The factor of the Program Components is 2.5

Fall: -0,5

**INTERMEDIATE NOVICE Boys and Girls: Free Skating: 3 min +/- 10 sec**

born after 30.6.2006

A well balanced Free Skating Program for Intermediate Novice must contain:

- a) Maximum of 5 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. No triple and quadruple jumps allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed.
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

The Program Components are judged in:

- Skating Skills
- Performance
- Interpretation

The factor of the Program Components is 1.7 for girls and 2.0 for boys

Fall: -0,5

**ADVANCED NOVICE Boys and Girls: Short Program 2:20 min +/- 10 sec, Free Skating: 3 min +/- 10 sec**

born 1.7.2006 – 30.6.2011

See Communication No. 2396

**JUNIOR Men and Ladies: Short Program max 2:50 min, Free Skating: 3:30 min +/- 10 sec for Junior Women and 4:00 min +/- 10 sec for Junior Men**

born 1.7.2002 – 30.6.2006

Please see SPECIAL REGULATIONS & TECHNICAL RULES for Single skating 2021 (rule 611 and 612)

See Communication No. 2382

**SENIOR Men and Ladies: Short Program max 2:50 min, Free Skating: 4:00 min +/- 10 sec for Senior Women and 4:30 min +/- 10 sec for Senior Men**

born before 1.7.2002

Please see SPECIAL REGULATIONS & TECHNICAL RULES for Single skating 2021 (rule 611 and 612)

See Communication No. 2382

**PROVISIONAL SCHEDULE****COMPETITION:****Saturday, October 16, 2021 – planned competition start is at 12:00**

Chicks, Cubs, Basic Novice – free skating

Advanced Novice, Junior and Senior – short programs

**Sunday, October 17, 2021 – planned competition start is at 12:00**

Group E, Group R (U12, U15, U18) – free skating

Intermediate Novice, Junior and Senior – free skating

**AWARD CEREMONY: on the Ice, in average every 2 hours.**

The final schedule will be published after the deadline of the entries (after October 7) on the site of the organisers [ZAKI'S FLIP 2021](#). For possible training options, please contact the organizer at [zakisflip@gmail.com](mailto:zakisflip@gmail.com)

We are looking forward to seeing you in Bled.

Tadeja Omovšek  
President  
Skating Club Labod Bled

Darja Gabrovšek Polajnar  
President  
Slovenian Skating Union