

DRSALNI KLUB LABOD BLED  
Ljubljanska 5  
4260 BLED  
SLOVENIA  
e-mail: [labodbled@gmail.com](mailto:labodbled@gmail.com)



SLOVENE SKATING UNION  
Celovška 25  
1000 LJUBLJANA  
SLOVENIA  
Tel: +386 51 608 210  
e-mail: [drsalna.zveza@siol.net](mailto:drsalna.zveza@siol.net)



## Announcement

### ZAKI'S FLIP

INTER-CLUB INTERNATIONAL FIGURE SKATING COMPETITION FOR CHICKS and CUBS

### TANJA'S MEMORIAL

INTER-CLUB INTERNATIONAL FIGURE SKATING COMPETITION FOR NOVICE, JUNIOR,  
SENIOR CATEGORIES AND YOUNG RECREATIONAL SKATERS

Competition date: **January 11 and 12, 2025**  
Organized by: **Skating club Labod Bled (Slovenia)**  
Venue of competition: Športna dvorana Bled (Ice Rink Bled)  
Ljubljanska cesta 5, Bled, Slovenia  
<http://www.ledena-dvorana.si/Predstavitev/Opis-dvorane>

*On behalf of Skating Club Labod Bled and Slovene Skating Union, we are inviting you to the Interclub Figure skating competition, held at one of the most beautiful places in the world.*

**Categories** Chicks (girls, boys): E (beginners), Chicks II, Chicks I  
**ZAKI'S FLIP:** Cubs (girls, boys): Cubs II, Cubs I

**Categories** Recreational skaters (girls, boys): U12, U15, U18  
**TANJA'S MEMORIAL:** Former competitors (girls, boys): - Recreational U18 Master  
Basic Novice (girls, boys): II, I  
Intermediate Novice (girls, boys)  
Advanced Novice (girls, boys)  
Junior (women, men)  
Senior (womn, men)

**Entries:** Entries should contain: Name and surname of competitor, club, nation, date of birth and category. Only complete entries will be accepted.

**Deadline for entries:** Complete list of entries should arrive to the Organizer's e-mail addresses ([zakisflip@gmail.com](mailto:zakisflip@gmail.com) or/and [tanjasmemorial@gmail.com](mailto:tanjasmemorial@gmail.com)) no later than **December 21, 2024**.

**Charges:** **60 EUR** per competitor for Chicks, Cubs, Recreational Groups, Basic Novice and Intermediate Novice categories.

**70 EUR** per competitor for Advanced Novice, Junior and Senior Categories.

Please transfer the entry fee to the organiser before the competition:

DRSALNI KLUB LABOD BLEED, Ljubljanska 5, 4260 Bled, Slovenia

Bank account:

IBAN SI56 0400 0027 8989 595

SWIFT: KBMASI2X

Bank: OTP BANKA

Bank Address: Slovenska cesta 58, 1000 Ljubljana, SI

Please include the name of the competitor in the bank transfer details.

Late entry payments (standard fee+10 EUR), after December 28, 2024, can also be done at OC office at the rink.

**Cancelations:** Cancellation of the competitor entry, if any, has to be done until December 28, 2024. After December 28, 2024 free cancellation is only accepted with a medical excuse.

**Responsibilities:** In accordance with the ISU Regulations, Rule 119, all participants act on their own responsibility.

**Music:** **Please upload the music by December 28 here:** [ZAKIS' FLIP MUSIC UPLOAD](#) and/or [TANJA'S MEMORIAL 2025 MUSIC UPLOAD](#)

The name of the file should contain name of the competitor and category. In case upload does not work for you, please send the music via e-mail: [zakisflip@gmail.com](mailto:zakisflip@gmail.com) and/or [tanjasmemorial@gmail.com](mailto:tanjasmemorial@gmail.com)

**Judging System:** The ISU Judging System will be used.

**GDPR:** By entering the competition, all participants automatically accept that personal data are collected by Organizing Committee (OC) and such data are stored and used by OC, when necessary, third parties, for the purpose only of, and to the extent necessary in relation to facilitate their participation in the competition. Personal data may include but will not be limited, to full legal name as per national identity documents, address, date of birth, nationality and gender.

The participants by entering the competition automatically allow publishing of their names on entry lists, starting orders and results table.

**Expenses:** The Organizer will not be able to cover any expense for competitors, team leaders and coaches.

**Accommodation:** Accommodation with special rates can be booked through the organiser. Please contact us for details.

**PROVISIONAL SCHEDULE: TANJA'S MEMORIAL****Saturday, January 11, 2025 – competition starts at 11:30 with U12**

Recreational skaters U12, U15, U18 and U18 Master (girls, boys) – free skating

Basic Novice II, I (girls, boys) – free skating

Intermediate Novice (girls, boys)– free skating

Advanced Novice (girls, boys) – free skating

Junior (women, men) – free skating

Senior (women, men) – free skating

**AWARD CEREMONY: 15 minutes after each category on the 1st Floor of the Ice Hall****PROVISIONAL SCHEDULE: ZAKI'S FLIP****Sunday, January 12, 2025 – competition starts at 8:00 with Group E**

Group E (girls, boys)

Chicks II, I (girls, boys)

Cubs II, I (girls, boys)

**AWARD CEREMONY: 15 minutes after each category on the 1st Floor of the Ice Hall**

Competition schedule will be published after the deadline of entries (after December 22, 2024) on the website of the organisers [www.labod-bled.si](http://www.labod-bled.si).

For possible training options before competition or any other questions, please contact the organizer at [zakisflip@gmail.com](mailto:zakisflip@gmail.com) or [tanjasmemorial@gmail.com](mailto:tanjasmemorial@gmail.com)

We are looking forward to welcoming you in Bled.

Tadeja Omovšek  
President  
Skating Club Labod Bled

Darja Gabrovšek Polajnar  
President  
Slovenian Skating Union

## CATEGORIES - ZAKIS'S FLIP

### Group E (beginners)

Boys and girls born on 01.07.2016 and younger, who did not compete before 01.01.2024 at figure skating competitions.

Free skating: 2 min +/- 10 s

A well-balanced GROUP E free skating program should include:

- a) a maximum of one (1) waltz jump (A) or one (1) single jump.
- b) a maximum of one (1) Upright spin on one or two legs (at least 2 turns).
- c) Choreographic sequence no. 1: crossover in pattern eight.
- d) Choreographic sequence no. 2: skating on one (1) leg (cannon, stork or spiral attempt) at least two (2) seconds.
- e) Choreographic sequence no. 3: sequence of waltz steps in circle pattern.

Evaluation takes place in accordance with the ISU Rules 2024 and the Slovene Skating Union Competition Rules 2024 for group E.

### CHICKS BOYS

Age requirements: born 1.7.2016 and younger

Free Skating: 2 min, +/- 10 sec

### CHICKS II. GIRLS

Age requirements: born 1.7.2017 and younger

Free Skating: 2 min, +/- 10 sec

### CHICKS I. GIRLS

Age requirements: born 1.7.2016 – 30.6.2017

Free Skating: 2 min, +/- 10 sec

### CUBS BOYS

Age requirements: born 1.7.2014 – 30.6.2016

Free Skating: 2 min, +/- 10 sec

### CUBS II. GIRLS

Age requirements: born 1.7.2015 – 30.6.2016

Free Skating: 2 min, +/- 10 sec

### CUBS I. GIRLS

Age requirements: born 1.7.2014 – 30.6.2015

Free Skating: 2 min, +/- 10 sec

### **General requirements for CHICKS and CUBS**

- Duration of programs: Free Skating: 2 min, +/- 10 sec.
- In Warm-up group there can be maximum eight (8) Skaters.
- Warm up time: for girls and boys 4 minutes.

### **Technical Requirements CHICKS and CUBS**

A well balanced Free Skating program for Single Skating for Chicks and Cubs must contain:

a) Maximum of four (4) jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. No triple or quadruple jumps are allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position and no change of foot. The spin combination with a change of foot must have a minimum of eight (8) revolutions and without a change of foot with a minimum of six (6) revolutions. Flying entry is allowed. If with change of foot, only one level feature per foot will count. The spin in one position without change of foot must have a minimum of six (6) revolutions, must be done in a basic position without any difficult variation positions and will be called maximum level basic. After the required revolutions it is allowed to execute difficult variations, but these will be ignored by the Technical Panel. Flying entry is not allowed.

c) There must be a maximum of one (1) step sequence fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. The Technical Panel will not award Feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

### **Levels explanations CHICKS and CUBS**

For Chicks and Cubs, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.67.

All other General rules and Technical Requirements are the same as ISU rule for Single Skating Basic Novice - Girls and Boys written in Communication No. 2624.

## CATEGORIES – TANJA'S MEMORIAL

### SENIOR WOMEN

Free Skating: In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 4 min., +/- 10 sec.

### SENIOR MEN

Free Skating: In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 4 min., +/- 10 sec.

### JUNIOR WOMEN

Free Skating: 3 min 30 sec, +/- 10 sec

In accordance with ISU Special Regulations & Technical Rules Single and Pair Skating 2024, and some changes in General, Special and Technical Rules, ISU Communication No.2655.

### JUNIOR MEN

Free Skating: 3 min 30 sec, +/- 10 sec

In accordance with ISU Special Regulations & Technical Rules Single and Pair Skating 2024, and some changes in General, Special and Technical Rules, ISU Communication No.2655.

### ADVANCED NOVICE GIRLS

Age and requirements according to the ISU Special Regulations & Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 3 min, +/-10 sec

### ADVANCED NOVICE BOYS

Age and requirements according to the ISU Special regulations & Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 3 min, +/-10 sec

### INTERMEDIATE NOVICE GIRLS

Age requirements: Intermediate Novice skater who was born 1.7.2008 – 30.6.2010 Requirements according to the ISU Special Regulations & Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 3 min, +\ - 10 sec

### INTERMEDIATE NOVICE BOYS

Age requirements: Intermediate Novice skater who was born 1.7.2008 – 30.6.2010. Requirements according to the ISU Special Regulations & Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 3 min, +\ - 10 sec

### **BASIC NOVICE I. GIRLS**

Age requirements: Basic Novice I. skater who was born: 1.7.2010 – 30.6.2012. Requirements according to the ISU Special Regulations & Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

### **BASIC NOVICE II. GIRLS**

Age requirements: Basic Novice II. skater who was born: 1.7.2012 – 30.6.2014. Requirements according to the ISU Special Regulations & Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

### **BASIC NOVICE BOYS**

Age requirements: Basic Novice A skater who was born: 1.7.2010 – 30.6.2014. Requirements according to the ISU Special Regulations & Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

### **General requirements for Recreational Groups U12, U15 and U18**

The requirements for the composition of the free program are below and evaluation is carried out in accordance with the Competition Slovene Skating Union regulations for recreationals and adults 2024/25.

The rules follow the rules and communications of the ISU, with additional consideration being given to:

- technical elements are assigned a maximum of Level 2
- the deduction for each fall is -0.5 points
- warm-up takes 4 minutes for U12 and 5 minutes for U15 and U18
- all program components (Composition, Presentation, Skating skills) are evaluated and multiplied by a factor of 1.67.

## RECREATIONAL U12

Competitors born on July 1, 2012 and younger

Free program: 2 min +/-10 s

A well balanced free program should contain:

a) Maximum of 4 jump elements, all single jumps and single Axel are allowed. Double and triple jumps are not allowed.

- There can be a maximum of two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Both can contain a maximum of 2 jumps.
- Any jump can be executed only twice in the program.

b) A maximum of two (2) spins of a different type (abbreviations), of which one must be combined (with or without leg change) and one spin in one position (with or without leg change).

- Spins must have a minimum required number of revolutions; eight (8) for leg-changing spins and (4) for spins without changing legs.
- Flying entry is allowed in both spins.

c) There must be a maximum of one (1) Choreographic sequence utilizing at least ½ of the ice surface. Choreographic sequence should include at least 2 different Choreo elements such as one long spiral position executed on outside or inside edge (at least 3 seconds), and other movements like arabesques, spread eagles, Ina Bauers... Steps and turns can link two choreo elements.

## RECREATIONAL U15 and RECREATIONAL U18

\*categories may be merged in case of less than 7 competitors

U15: Competitors born on July 1, 2009 and younger

U18: Competitors born on July 1, 2006 and younger

Free program: 2 min 30 s +/- 10 s

A well balanced free program should contain:

a) Maximum of 5 jump elements, all single jumps, single Axel and two different double jumps are allowed - jump of choice. Triple jumps are not allowed.

- There can be a maximum of two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Both can contain a maximum of 2 jumps.
- Any jump can be executed only twice in the program.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot and one spin with no change of position and with or without change of foot. Minimum of eight (8) revolutions in total is required for a spin with change of foot and minimum of four (4) revolutions is required for a spin without change of a foot. Flying entry is allowed.

c) There must be a maximum of one (1) Choreographic sequence utilizing at least ½ of the ice surface. Choreographic sequence should include at least 2 different Choreo elements such as one long spiral position executed on outside or inside edge (at least 3 seconds), and other movements like arabesques, spread eagles, Ina Bauers... Steps and turns can link two choreo elements



### General requirements for U18 Master

The rules follow the ISU rules and notices with additional consideration:

- technical elements are assigned a maximum of level 3
- the deduction for each fall is -1 point
- warm-up takes 5 minutes
- all components of the program (Composition, Presentation, Skating skills) are evaluated and multiplied by a factor of 1.67

### RECREATIONAL U18 MASTER

Competitors born on or after July 1, 2006.

**These children are former competitors who are not anymore competing on National or International Competitions.**

Free program: 3 min +/- 10 s.

A well-balanced free program should contain:

a) Maximum of 5 jumping elements, all single and double jumps are allowed. Double axel and triple jumps are not allowed.

- There can be a maximum of two (2) jump combinations or one (1) jump combination and one (1) jump sequence. One jump combination or jump sequence can consist of up to three (3) jumps, the other up to two (2) jumps.

- Any jump can be executed only twice in the program.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot and one spin with no change of position and with or without change of foot. Minimum of eight (8) revolutions in total is required for a spin with change of foot and minimum of six (6) revolutions is required for a spin without change of a foot. Flying entry is allowed. Flying entry is allowed in both spins.

c) There must be a maximum of one (1) Choreographic sequence fully utilizing the ice surface.

Choreographic sequence should include at least 2 different Choreo elements such as one long spiral position executed on outside or inside edge (at least 3 seconds), and other skating movements like arabesques, spread eagles, Ina Bauers... Steps and turns can link two choreo elements.